# DENTAL AMALGAM

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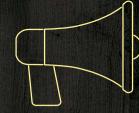
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#### INTRODUCTION

- "Amalgam" Greek origin "malagma" = soft mass
- "Alloy" Latin origin "Alligare" = to combine
- Served as restorative material for about 165 years.
- Dental amalgam—An alloy that is formed by reacting mercury with silver, copper, and tin, and which may also contain palladium, zinc, and other elements to improve handling characteristics and clinical performance.



MERCURY - Aristotle in 4th century B.C. as "liquid silver."

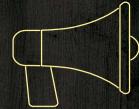
AChinese medical text(Material medica) mentions using a "silver paste", in the 7th century -by Su Kung in 659 AD

1800 : (France) – D' Arcets mineral cement – 1st dental amalgam alloy of Bi, Pb, Sn & Hg plasticized at 100°C

1818: Sir Regnert - Increased amount of Hg & lower plasticizing temp to 68°C.

1819 - First dental amalgam introduced by Bell of England and known as Bells putty.

1833 - Craw Cour brothers- USA - Royal mineral succedaneum



1841 – 1st Amalgam war initiated.Dr. Chapin Harris reported many cases of systemic effects.

1843 - A resolution was passed by the American society of dental surgeons declaring the use of amalgam as malpractice. \*Every member of ASDC was required to sign a pledge that: "It is my opinion and firm conviction that any amalgam whatever... is unfit for the plugging of teeth or fangs (retained roots) , and I pledge myself never under any circumstances to make use of it in my practice.."

1850 – Pledge rescinded which marked official end of amalgam war.

1855: Elisha Townsend – Ag-Sn-Hg alloy.

1870 - Elisha Townsend & J.F.Flagg improved amalgam alloy composition



1896 G.V Black presented his classic work of systematic cavity preparation and appropriate manipulation of amalgam. Blacks amalgam: 68.50% - silver, 25.50% - tin, 5% - gold, 1% - Zinc. improved dimensional stability of amalgam.

In early 1900's 'copper amalgam'

1926 - Second Amalgam War: German dentist, Professor A. Stock Mercury could be absorbed from dental amalgam All dentists had excess mercury in their urine.

> CHARTIE hospital, Berlin appointed a committee to investigate allegations against amalgam and declared in 1930 that there are no reasons to condemn use of newer Ag-Sn amalgams



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1930- ADA specification No.1 for amalgam.

1935: chemistry of reaction of amalgam & phases by Gaylor.

1962 - Spherical particle dental alloy was introduced

1963 - Innes & Youdelis introduced and proved high copper dispersion alloy is superior to low copper

1970 - Dr. Hal Huggins amalgam restorations caused wide variety of diseases

1974 - Single composition high copper alloy by Asgar.



1980 - Third Amalgam War;

Through seminars and writings of Dr. Huggins, a practicing dentist in Colarado Mercury released from amalgam – affects CVS, nervous system Alzheimer's disease. Multiple sclerosis.

1986: Development of high copper amalgams composition Ag - 41 – 70%, Sn - 15-30% Cu - 12-28%. 1977: ANSI – Specification No.1 for amalgam.



#### Based on available scientific information, amalgam continues to be a safe and effective restorative material

ADA 1998

#### CLASSIFICATION OF AMALGAM

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# > According to number of alloy metals:

Binary alloys (Silver-Tin)

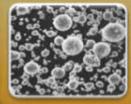
Ternary alloys (Silver-Tin-Copper)

Quaternary alloys (Silver-Tin-Copper-Indium)



#### LATHE CUT

- Regular cut, fine cut, and micro-fine cut versions
- Require larger amount of mercury



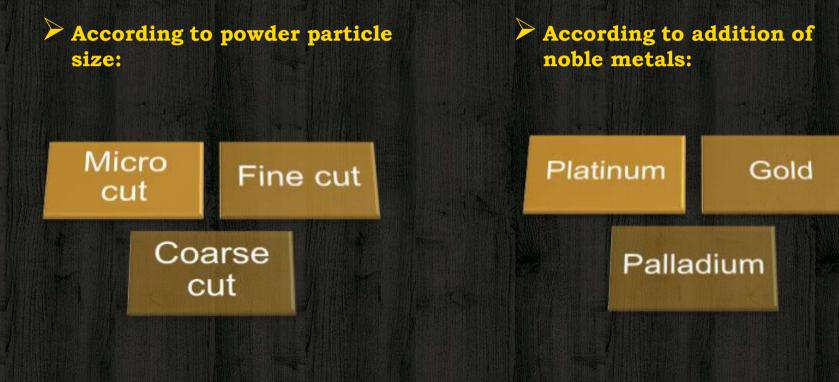
#### SPHERICAL

- Increased the fluidity of the mixture
- Reduced the mercury portion of the mixture to less than 50% by weight.

#### According to shape of powdered particles:

#### ADMIXED

• Stronger than amalgam made from lathe cut



#### According to COPPER content of the powder:

#### Low copper amalgam = 2-5% Cu

- Ag- 69.4%
- Sn- 26.2%
- Cu- 3.6%
- Zn- 0.8%

#### High copper amalgam = 6-13% Cu

- Ag- 60.0%
- Sn- 27.0%
- Cu- 13.0%
- Zn- 0.0%

#### $\blacktriangleright$ According to ZINC content of the powder:

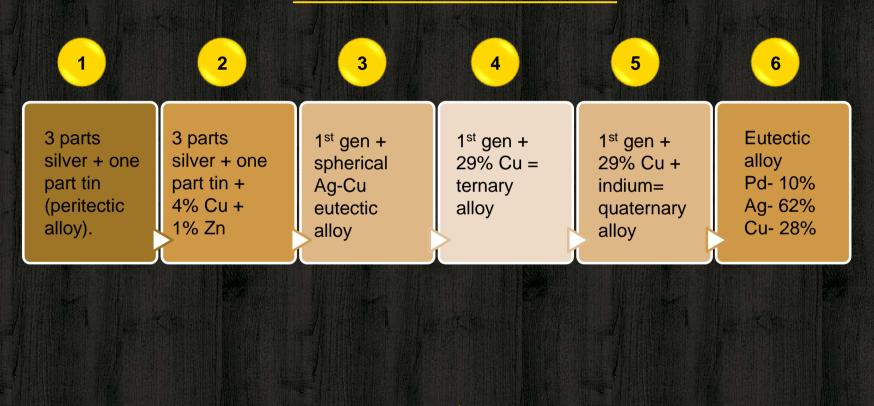
#### Zinc containing amalgam > 0.01%

- Suppresses oxidation of other elements
- Delayed expansion

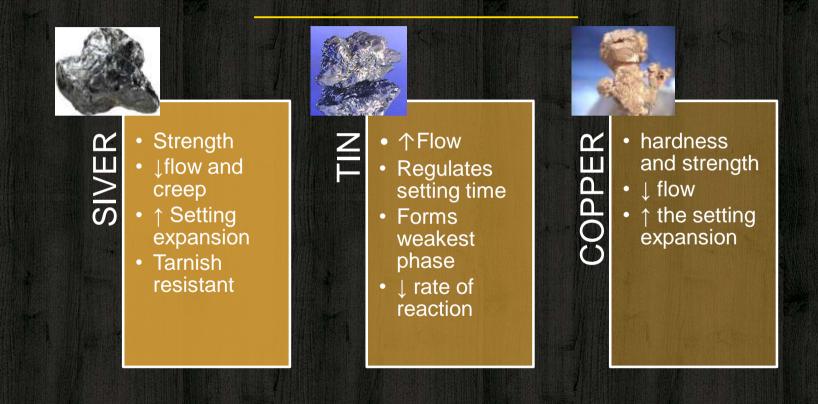
#### Zinc free amalgam < 0.01%

• Favored where isolation is difficult.

#### GENERATIONS OF AMALGAM



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ZINC



marginal failure

 Delayed expansion • Hardens the alloy ↑ resistance to tarnish and corrosion

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<u>ATINUM</u>

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PALLADIUM ↑ plasticity and the resistance

- hardens and whitens the alloy
- ↓ mercury vapor

# <u>NDIUM</u> ↓ mercury

- vapor
- | Surface tension

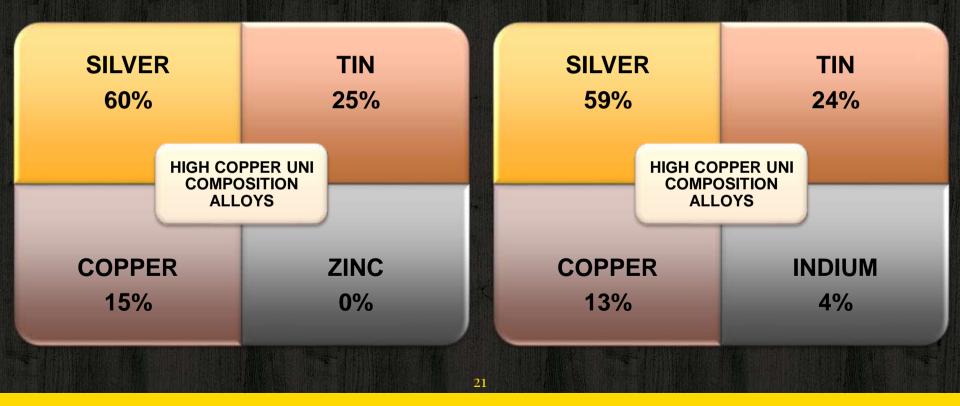
strength

- ↓ Creep
- Marginal breakdown





2 parts by weight lathe cut particles + one part by weight of spheres of a Ag-Cu(71.9% Ag, 28.1% Cu)



#### MANUFACTURE OF ALLOY- Lathe cut powder

Ingot is cut into filings and ball milled. 50-100  $\mu$ m in length, 10-60  $\mu$ m in width and 10-30  $\mu$ m in thickness.

Particle treatment is done with acids Annealing - 100°C

HOMOGENIZING ANNEAL: ingot is heated at 400°C

For varying periods about 6-8 hrs Cooled down slowly -  $\uparrow \gamma$  phase.

Ingredient metals are melted and poured into a mold to form ingot of 3-4 cm dia and 20-30 cm length. Ingot is cooled.

#### MANUFACTURE OF ALLOY- Spherical powder

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# Particle size ranges form 5 to 40 microns

Molten metal falls through a distance of approximately 30 feet and cools

Atomizing the molten alloy in a chamber filled with an inert gas- argon

# LATHE CUT ALLOYS vs SPHERICAL ALLOYS

LATHE CUT	SPHERICAL	
Spindles to shavings	Spherical	
Milling or lathe cutting	atomization	
More Hg = Poor properties	Less Hg = Better properties	
Mix is less plastic	Mix is more plastic	
More condensation pressure	Less condensation pressure	
Rough finish	Smoother finish	

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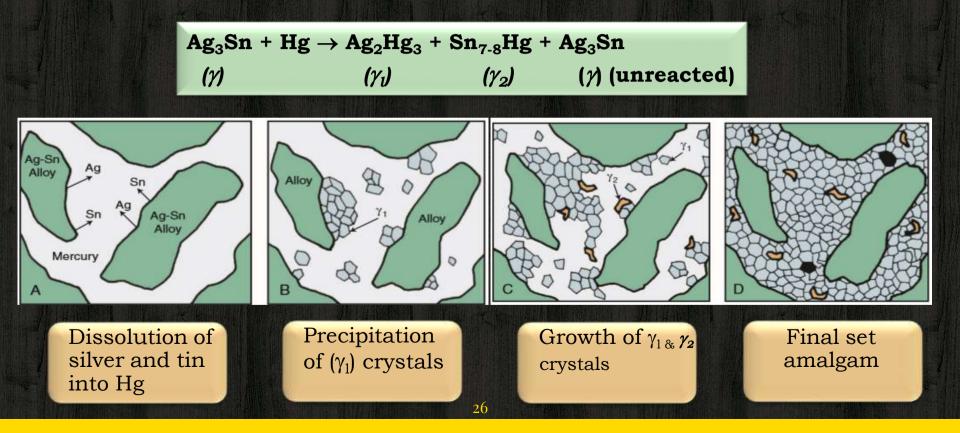




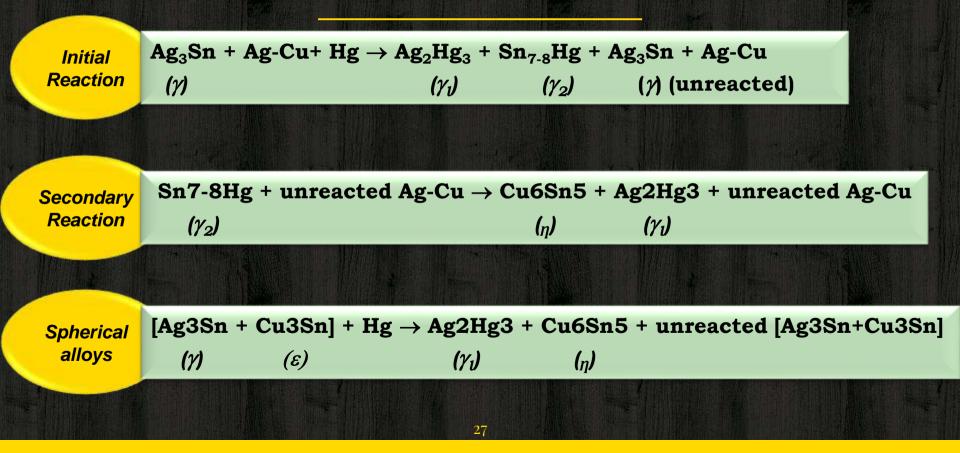
## Symbols & Stoichiometry of Phases involved in the Setting of Dental Amalgams:



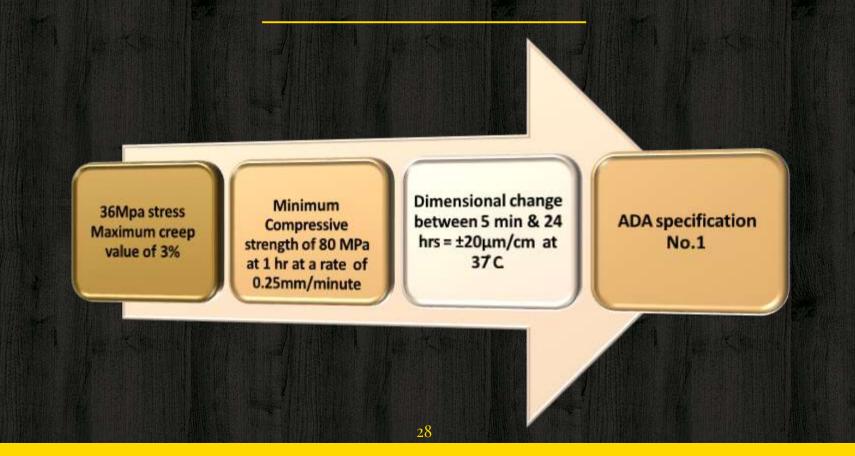
#### AMALGAMATION REACTION – Low copper alloys



#### AMALGAMATION REACTION – High copper alloys



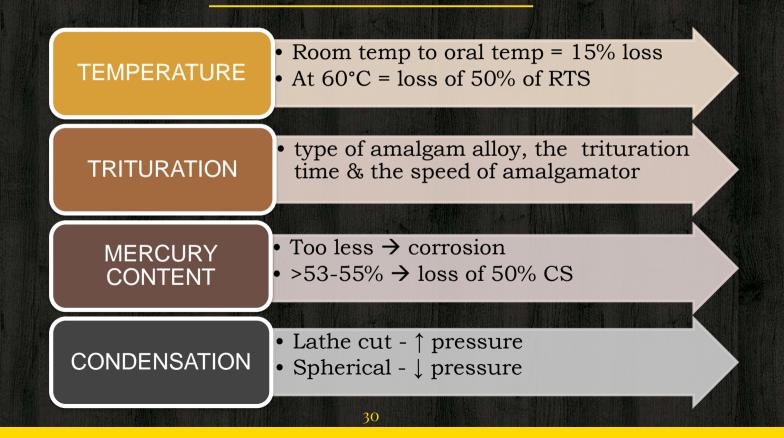
#### PROPERTIES OF AMALGAM



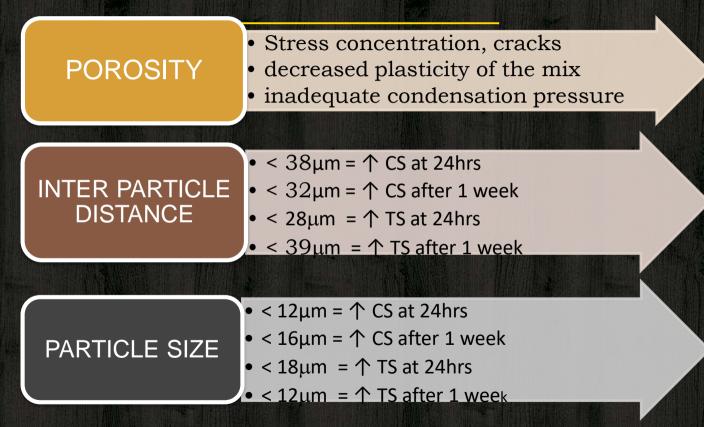
# STRENGTH

Amalgam	Compressive Strength (MPa)		Tensile Strength - 24h(MPa)
	1 hr	7 days	2711(IMF A)
Low copper	145	343	60
Admixed	137	431	48
Single Composition	262	510	64

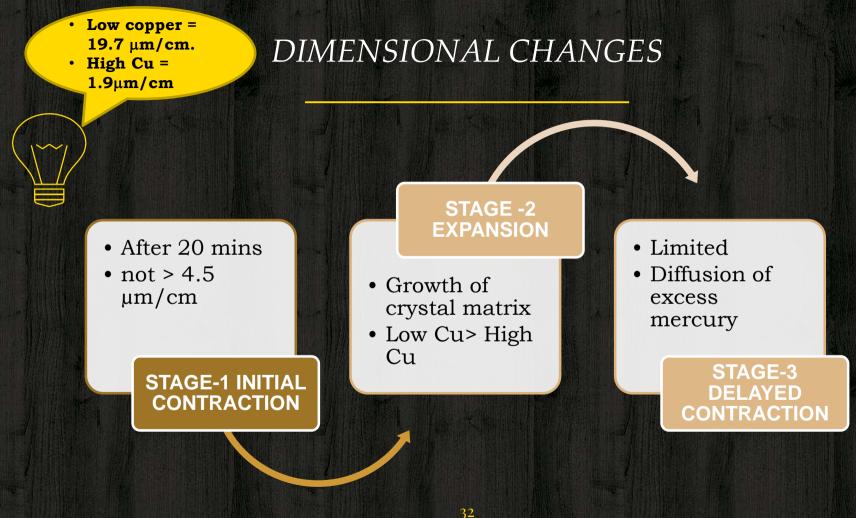
#### Factors affecting strength of amalgam:



# Factors affecting strength of amalgam:



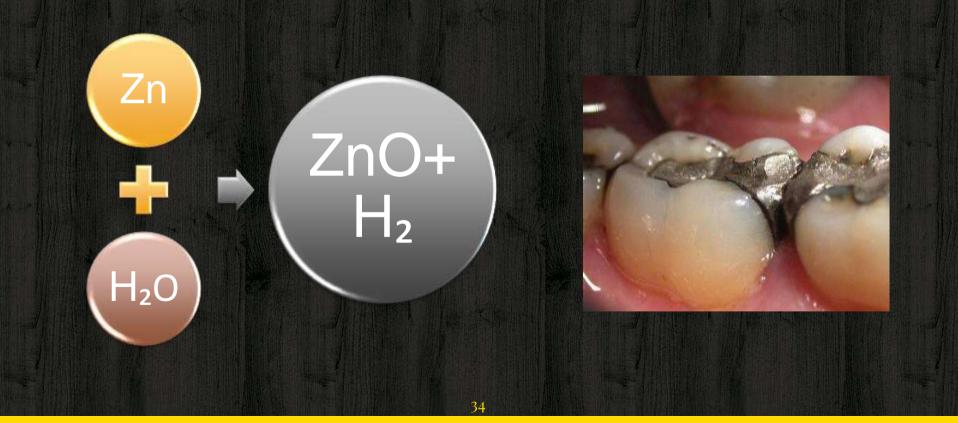
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# Factors affecting dimensional changes

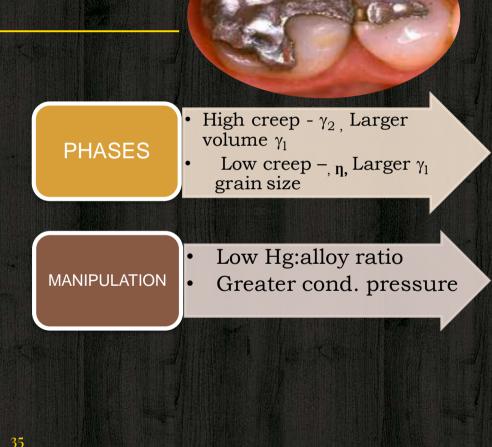


## Moisture contamination / delayed expansion



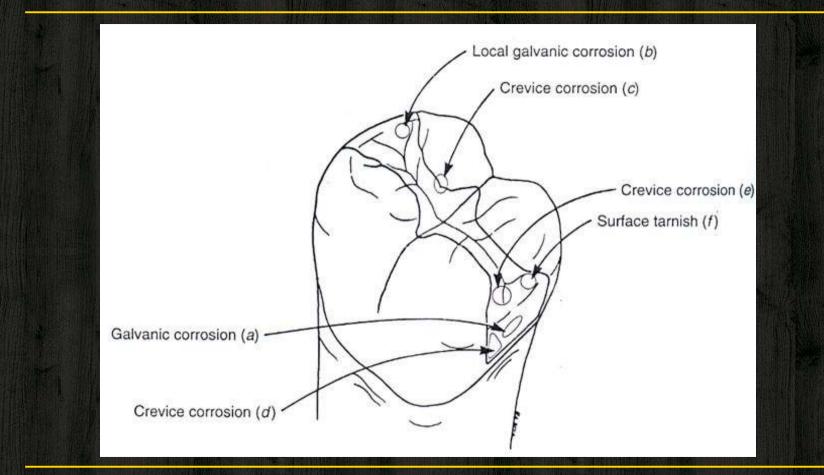
#### FLOW & CREEP

- Flow = change in dimension of amalgam under load
- Creep = constant change in dimension under static or dynamic loading.
- RANGE = 0.10 4%
- Low Cu lathe cut = 6.3%
- High Cu unicomposition = 0.05 - 0.09%

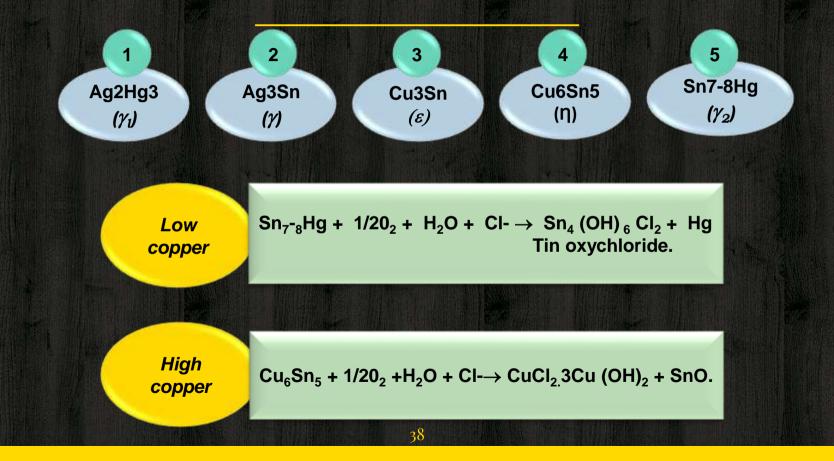


# TARNISH & CORROSION





## CORROSION – Phases



## Linear coefficient of thermal expansion

Material	CTE [ppm]
GIC	10.2–11.4
Resin composite	14–50
Amalgam	22.1–28.0
Porcelain	12.0
Human enamel	11.4
Human dentin	8.3

COTE of Amalgam 2.5 times > tooth

## BIOCOMPATIBILITY OF DENTAL AMALGAM

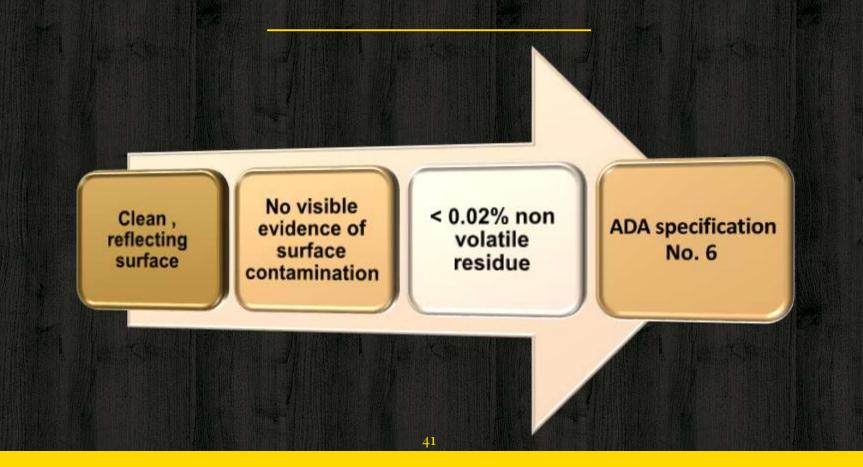
- SYSTEMIC TOXICITY: Chronic mercury exposure
- LOCAL TOXICITY PULPREACTIONS:
- 1. Reduced number of odontoblast.
- 2. Dilated capillaries.

3. An inflammatory cell reaction is seen in the odontoblastic layer, following the direct condensation of amalgam in deep cavities.

#### > ORALMUCOSAREACTIONS:

- 1. Gingivitis
- 2. Bleeding gums
- 3. Bone loss around teeth
- 4. Desquamation of buccal or lingual mucosa
- Allergic reaction Type 1V Delayed allergic type reaction may be seen in the oral mucosa in contact with the restorations which Oral Lichenoid Reactions, which resolve on removal of the restorations

## **PROPERTIES OF MERCURY**



## MANIPULATION & TECHNICAL CONSIDERATIONS OF AMALGAM



# Selection of alloy



- Low Cu lathe cut- finer
- Small avg = ↑ early strength
- Larger = corrosion
- Lathe cut rough • Spherical – smoother, less Hg • Admixed - tight contacts

## Composition

High Cu alloysZinc content

## **Proportioning-** Mercury : alloy ratio

# HIGH MERCURY TECH.

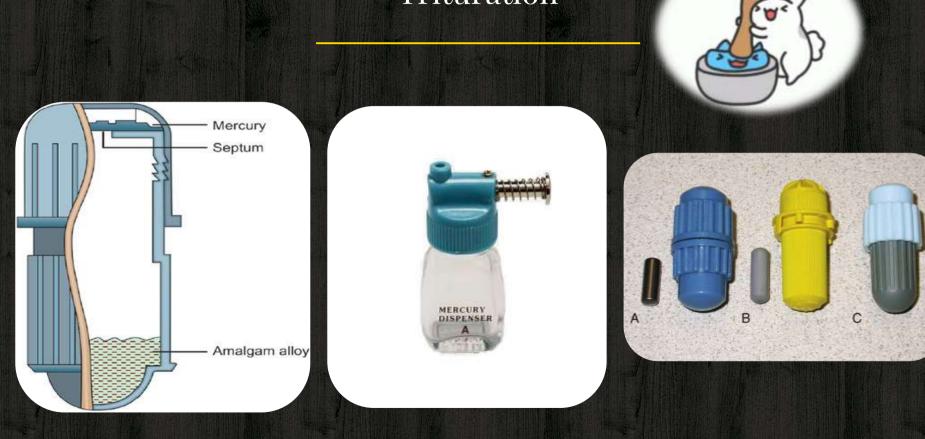
- **-** 52-53% Hg
- Lathe cut low Cu alloys
- Plastic mix
- $\uparrow$  corrosion

- 43% = high Cu unic.

- 50% = high Cu admixed
- Hg:Alloy = 1:1
- Increasing dryness technique

MINIMAL MERCURY TECH.

## Trituration

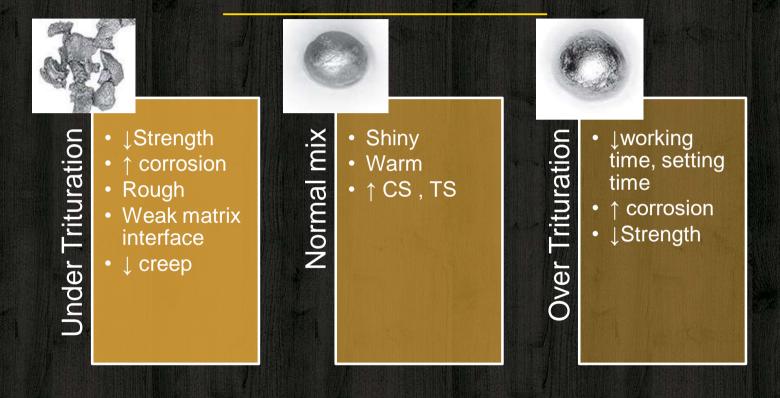


## Trituration



Low speed: 32-3400 rpm. Medium speed: 37-3800 rpm. High speed: 40-4400 rpm.

- 1. Linear back and forth
- 2. Figure of 8
- 3. Centrifugal fashion
- 1. Speed
- 2. Thrust
- 3. Weight
- 4. Time
- 5. Difference in size



## Condensation



## OBJECTIVES

- 1. Squeeze the unreacted mercury
- 2. Bring strongest phases together
- Adaptation → retention
- 4. Reduce porosity

## Hand Condensation

#### TYPES OF CONDENSORS

- 1. ROUND sizes 15, 25, 35
- 2. PARALLELOGRAM 2

pairs

- Smaller proximoocclusal bicuspids
- Larger molars
- Hoe proximal
- Hatchet occlusal

Pressure 'P' = Force Area of cross section SELECTION OF CONDENSORS > SPHERICAL – large tips > LATHE – smaller tips > ADMIXED – small to medium

FORCE= 15lbs (recommended) Range = 3-4 lbs Admixed = 5-10lbs Spherical = 2-3 lbs

## Pre carve Burnishing

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#### **OBJECTIVES**

- 1. Reduce voids
- 2. Removes excess
  - mercury
- 3. Adaptation to
  - cavosurface margins
- 4. Resists carving

## Carving

## **OBJECTIVES**

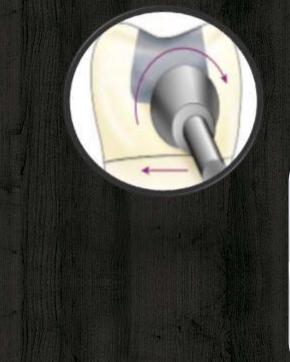
- 1. No overhang
- 2. Produce contours
- 3. Minimal flash
- 4. Occlusion
- 5. Marginal ridges
- 6. Contacts
- 7. Integrity of PDL



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## INSTRUMENTS

- Cleoid and discoid- for trimming the bulk
- Spoon excavator no 12, 13.
- Hollenback carver ,no 3
- Explorer no 3
- Curved knives no 14,15
- Evans carver
- Straight or binangle chisel



## Finishing & Polishing

AMALGAM POLISHING KIT

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**Finishing** can be defined as the process, which continues the carving objectives, removes flash and overhangs and corrects minimal enamel underhangs **Polishing** is the process which creates a corrosion resistant layer by removing scratches and irregularities from the surface.

# Indications of amalgam















## **Clinical Considerations**

- Marginal adaptation
- Self sealing:
- Low Cu = 2-3 months
- High Cu = 10-12 months
- GIC lining
- Oxalate solutions



## FAILURES OF AMALGAM RESTORATIONS

- 1. Fracture
- 2. Secondary caries.
- 3. Post operative sensitivity and pain.
- 4. Dislodgment of the restoration.
- 5. Contribution to periodontal diseases.
- 6. Discoloration of the teeth.

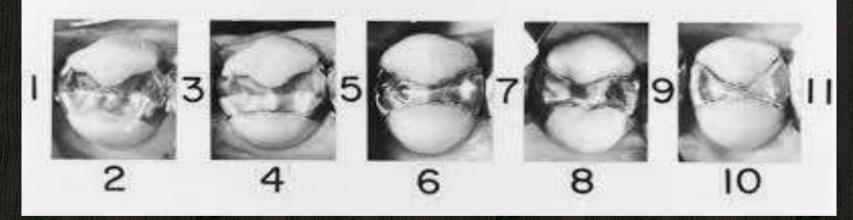
- 7. Tarnish and corrosion.
- 8. Pulpal damage.
- 9. Plaque formation
- 10. Occlusal interference.
- 11. Galvanism.
- 12. Amalgam tattoo

## Amalgam tattoo & Amalgam blues



# Marginal Fracture





## Mahler's scale

## Fracture

- 1. Selection of the case:
- (a) Extensive tooth loss and undermined enamel.
- (b) Post endodontic restoration.
- (c) Cases with poor retention / resistance
- (d) Areas of high masticatory load
- (e) Spacing
- 2. Selection of alloy.

- 3. Due to the improper cavity preparation.
- (a) Over cutting.
- (b) Under cutting.
- (c) Poor retention and resistance
- (d) Improper finishing of the cavity.
- 4. Due to physical properties of amalgam.
- (a) Dimensional changes (Delayed expansion).
- (b) Strength.
- (c) Creep.

## Fracture

- 5. Improper manipulation of the alloy.
- (a) Improper selection of the alloy.
- (b) Improper powder, liquid ratio.
- (c) Under trituration.
- (d) Over trituration.
- (e) Improper condensation.
- (f) Improper carrying
- (g) Improper finishing and polishing.

- 6. Due to improper matrix adaptation:
- (a) Improper covering
- (b) Excess thickness
- (c) Improper wedging
- (d) Premature matrix bond removal
- 7. Due to contamination:
- Moisture
- Instrument indication
- Contamination during manipulation.

## **REPAIR OF AMALGAM RESTORATIONS**

- Replacement of restoration
- secondary cariesmarginal defect
- cusp fracture



- Resin composite as repair material
- interfacial bond between amalgam and resin composite
- strengthening of the tooth-material interface
- veneering of amalgam for esthetic





## ADVANTAGES & LIMITATIONS

#### ADVANTAGES:

- 1. Excellent wear resistance.
- 2. High compressive strength
- 3. Insolubility of fluids in mouth
- 4. Adaptability to cavity walls.
- 5. Minimal post operative sensitivity.
- 6. Has well developed sealing ability and marginal
- 7. Leakage is decreased with age.
- 8. Adequate resistance to fracture.
- 9. Economical

#### LIMITATIONS:

- 1. Excellent wear resistance.
- 2. Poor esthetics
- 3. High thermal conductivity
- 4. Galvanism
- 5. Lack of adhesion
- 6. Marginal integrity
- 7. Allergy

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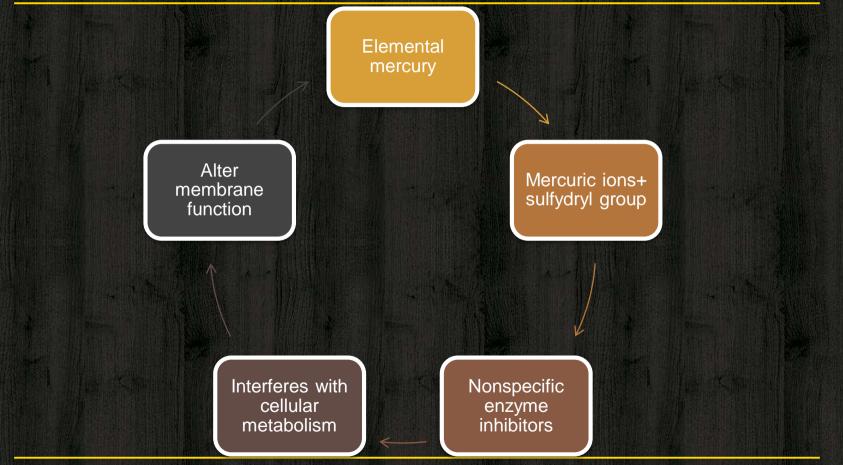
8. Mercury toxicity

## Mercury Toxicity

Mercury	Lungs	GIT	
Elemental	80%	0.01%	
Inorganic	80%	7%	
Organic		95 – 98%	

- 80% Mercury vapour crosses alveolar cell membranes
- Accumulation- spleen, glands, muscle, kidney, brain
- Biological half life = 50-60 days
- Mercury in urine 0 to 20 μg/L
- Mercury in blood 0 to 1.0 µg / 100ml
- 100 g/m<sup>3</sup> Clinical mercurism threshold
- >  $50 \Box g/m^3$  Nephrotoxicity threshold

#### MECHANISM OF ACTION



# **Clinical features:**

- Psychological and behavioral changes occur. Symptoms may include
- increased excitability
- loss of memory
- insomnia
- severe depression
- irritability
- excessive shyness and confusion
- ataxia
- speech disorders
- reflex abnormalities
- kidney dysfunction
- visual disturbances and
- impaired nerve conduction

- Oral symptoms include gingivitis,
- excessive salivation,
- metallic taste, and
- loosening of teeth.

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 The triad consisting of increased excitability, tremors and gingivitis

# Mercury Toxicity

Trituration	→ 1 – 2 mg
Placement of amalgam restoration	→ 6 – 8 mg
Dry polishing	→ 44 mg
Wet polishing	→ 2 – 4 mg
Removal of amalgam under water spray and high volume	→ 15 - 20
section	mg
Additional evacuation for 1 minute to remove residual	→ 1.5 - 2.0
amalgam dust	mg

## Mercury Toxicity

Dental mercury hygiene recommendations:

- 1. Ventilation
- 2. Monitor office and personnel
- 3. Office design
- 4. Pre-capsulated alloys
- 5. Amalgamator cover

- 6. Handling care
- 7. Evacuation systems
- 8. Masks
- 9. Recycling
- 10. Spills

- 11. Clothing
- 12. No ultrasonic condensors

## RECENT ADVANCES OF DENTAL AMALGAM Gallium Alloys

- Suggested by Puttkamer in 1928
- In 1956 Smith et al produced Gallium alloys = Ga-Sn + Cu-Sn

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- Waterstrat then formulated Ga Pd Sn alloys
- Tokurike Honten, Tokyo, Japan Gallium Alloy GF
- POWDER Wt% Ag - 50% tin - 25.7 % Cu - 15 % Palladium -9 % Zinc - 0.3 %
  LIQUID - Wt % Gallium - 65 % Indium - 16 %

Silver – 0.05 %

- POWDER -Wt% Silver - 60.10 % Tin - 28.05 % Copper - 11.80 % Platinum - 0.05 %
  LIQUID - Wt% Gallium -61.98 % Indium -24.99 % Tin - 12.98 %
  - Bismuth 0.05 %

## Gallium Alloys

- SETTING REACTION :
- Ga + Cu → CuGa2
- Ga + Ag  $\rightarrow$  Ag72Ga28
- Ga + In  $\rightarrow$  Ag9In4

A study was done by **Osborne & Summitt** to compare the mechanical properties of Galloy to high copper amalgams and concluded that Mechanical properties of Gallium alloys were equivalent to or even better than high copper amalgams, especially tensile strength and extremely low wear.

## Gallium Alloys

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## ADVANTAGES:

- Marginal adaptation
- Reduced initial leakage
- Greater compressive strength and creep
- Low setting expansion

## DISADVANTAGES:

- Technique sensitive
- No moisture contamination
- Reacts with moisture upto 18hrs after placement
- High corrosion
- Whitening of enamel margins
- Expensive
- Faster setting

## Consolidated silver alloy systems

- Tin Solution, silver solution, acid, alumina, colloid
- 0.2 2 µm dia particles
- 25µm agglomerates
- Annealing = 750°C for 2 hours
- activated in 10% HBF4 for 4 min and then rinsed in aqueous solution of 2% HBF4 for 1 min

#### ADVANTAGES:

- 80% dense compaction
- Increased shear strength, corrosion resistance
- Less microleakage, postop sensitivity
- Polished immediately
- Biocompatible
- Less compaction time

#### DISADVATAGES

- 2% HBF4 demineralized dentin upto 2 µm
- More technique sensitive
- High condensation pressure = 35-50Mpa
- Lower compressive strength.

## Resin coated amalgam

- **Mertz-fairhurst** and others evaluated bonded and sealed composite restorations placed directly over frank cavitated lesions extending into dentin versus sealed conservative amalgam restorations and conventional unsealed amalgam restorations.
- The results indicate that both types of sealed restorations exhibited superior clinical performance and longevity compared with unsealed amalgam restorations over a period of 10 years (Mertz-Fairhurst, 1998).

## Fluoride Releasing Amalgam

- SnF2 (0.5 1 %)
- Bercy and Vreven (1980) F<sup>-</sup> from SnF2 containing alloys gets incorporated in the cavity walls.
- Inhibition of enamel & root caries was seen with high Cu amalgam with 1% SnF2
- release of F<sup>-</sup> has been restricted only to the first few weeks (10-12) -Forsten 1976

- Reduction in compressive strength upto 13%
- enhanced corrosion

- Baldwin's technique 1920 zinc phosphate cement
- Zardiackas in 1976 'selective interfacial amalgamation' = liner polycarboxylate cement + amalgam alloy
- tensile bond strengths = 3.5 MPa, shear punch bond strengths =15 Mpa
- '**Superbond**' (which was based on the 4-META-TBB adhesive monomer
- Kuraray's '**Panavia**' (based on the MDP monomer).
- **Varga** *et al.* tested both Superbond and Panavia and found them to bond amalgam to etched enamel surfaces and inhibit microleakage. Bond strengths of up to 17.7 MPa were reported for Superbond.

#### PANAVIA

- First marketed in 1980's
- Contained bi- functional monomer 10 – MDP
- In 1994 Panavia modified to include primer HEMA which improves bond strength to dentin
- Polymerization requires exclusion of Oxygen so a covering gel was provided.

#### AMALGAM BOND

- NAKABAYASHI.
- 10% CITRIC ACID and 3% FERRIC CHLORIDE
- A primer is applied after the dentine is conditioned.
- Self-curing methacrylate resin containing an adhesive monomer called 4-META

# Panavia 21



Various in - vitro studies have been done:-

- Studies on **fracture resistance** have shown that it is:-
- Greater for teeth restored with bonded amalgams compared to non-bonded. (Eakle & others 1992)
- Greater for bonded amalgam as compared to restorations mechanically retained with pin in case of single cusp capping – (Rauvola, Broome, Simon 1997).

- Microleakage studies have shown that Bonded amalgam has less microleakage as compared to varnish lined restorations (Yu, Wei & Xu, 1987).
- Clinical studies have shown that there is low incidence of **secondary caries** around bonded amalgam as compared to non-bonded amalgam after 2 years.
- At three and 12 months, teeth with bonded restorations exhibited **less sensitivity** than those with non-bonded restorations (Davis and Overton study.
- Bonded restorations survived better than non-bonded in teeth with no deliberate retention (Setcos et al 1998)

- Large compound restorations: In extensive cavities with gross tooth loss.
- Repair of restorations (to bond new to old amalgam and to seal cavity margins in the old restorations).
- Preparations without retention.

**INDICATIONS** 

- Repeated fracture of amalgam restorations.
- Geriatric and debilitated patients Bonded amalgam is preferred over more expensive and time consuming cast restorations.
- teeth with low gingival- occlusal height.

1	2	3	4
enamel and dentine are both etched with 10% phosphoric acid for 15 seconds	three coats of adhesive primer (Primer A + Primer B) are applied.	The dentin – enamel bonding agent is applied with a disposable brush	Amalgam is condensed into the cavity before the auto curing bonding agent is polymerized.

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## ADVANTAGES:

- conservative cavity preparations
- reduces marginal leakage
- reduces the incidence of postoperative sensitivity
- reduces the incidence of marginal fracture and recurrent caries

## DISADVATAGES:

- technique sensitive.
- Cannot be indicated in reinforcing functional cusps
- Expensive

## CONCLUSION

- Dental amalgam has been used in dentistry for over 150 years.
- Amalgam has provided valuable and comparatively inexpensive service to patients longer than any other material available. It has many positive attributes and remains an important part of dentist's restorative resource.

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